Please join us for CCI-USA's Annual Workshop May 7-12, 2024



Camp Hazen Chester, Connecticut

International and nationwide CCI members especially welcome!

The annual CCI-USA Workshop enables co-counselors from around the United States and the world to come together to validate, discharge and re-evaluate using the co-counseling process. We share our knowledge, skills and experience and celebrate our differences in an atmosphere of safety, growth, warmth and caring.

We gather to build and practice our skills in co-counseling and to enjoy the energy and warmth of community. The workshop provides time and space for personal reflection and sharing. It is an opportunity to check in with our inner selves and to acknowledge the strength and beauty of CCI communities across the United States and the world.

We celebrate our fellow co-counselors who travel from distant parts of the USA and the world to share their love of co-counseling. They enrich the workshop immeasurably.

You are warmly invited to join us for this very special gathering!

The **CCI-USA ANNUAL WORKSHOP** is a national and international gathering open to all who have completed CCI co-counseling training. Our theme will be "**Living in the Lightness of Our Being**".

WHEN: Check-in begins at 1 p.m., and the workshop starts at 3 p.m. on **Tuesday, May 7.** We end on **Sunday afternoon, May 12**.

WHERE: Camp Hazen in Chester, Connecticut (camphazenymca.org)

Early Bird Workshop Fee -- If You Register by March 1

The fee includes program, meals, and accommodations. Bedding and towels are NOT provided.

	Type of Accommodation			
	CAMPING	TRIPLE	DOUBLE	A few SINGLE
	tent or	Room – in	Room – in	Rooms/Cabins may
	small RV	Cabin or	Cabin or	become available
	(limited	Lodge	Lodge (limited	(see registration
	spaces)		spaces)	form for more info)
STRETCHING Rate: If you have limited financial resources or other special circumstances – covers our costs for you to attend this event	\$370	\$410	\$450	\$490
SUSTAINING Rate: If you can pay more to help CCI-USA pay our annual costs for programs and services	\$480	\$520	\$580	\$640
SUPPORTING Rate: If you can pay more to cover annual costs AND help others attend this workshop	\$560	\$600	\$660	\$720

Beginning March 2, please add \$35 to the early bird price listed above.

Accommodation Descriptions

Lodge Rooms:

- Lodge buildings are fully winterized, with a small, central lounge area
- Priority for Lodges goes to people with mobility issues, as they are closest to Dining Hall and Group Rooms
- Have toilets/showers/sinks within the building
- Some electric outlets no heaters or electric blankets allowed
- Some bedrooms have doors; some do not a few other people must walk through these rooms to reach their own bedrooms or bathrooms
- Twin-size bunkbeds, with thick camp mattresses on boards no top bunks need be used.

Alpine Cabins:

- Rustic wooden cabins with one main room
- Across street from main grounds, near campers; there is a marked crosswalk available (no stoplight)
- Toilets, shower, sink in each cabin
- Electric space heater available (portable heaters or electric blankets cannot be added)
- Limited electric outlets
- Twin-size bunkbeds, with thick camp mattresses on boards -- no top bunks need be used

Summer Cabins:

- Large, rustic wooden cabins with one main room
- On main grounds, near lake and woods
- Toilets, shower, sink in each cabin
- Limited electric outlets
- No heat available (portable heaters or electric blankets cannot be added)
- Small screened windows along top of cabins cannot be closed; other windows (screened) can be closed with wooden panels
- One twin-size bunkbed, other bunkbeds are a bit narrower and shorter than a twin bed
- Thinner camp-type mattresses (but can be doubled); all mattresses on bed boards -- no top bunks need be used

Camping (tents or small RVs):

- In field near Alpine cabins
- Gender-neutral shower, toilet, sink, porta-potty available nearby, more on main grounds
- Must provide own tent or RV (loaner tents likely available for travelers from afar)

TWO STEPS TO REGISTER:

#1 – Fill out and submit the <u>online registration form</u>. (The link is also available at <u>www.cci-usa.org/cciusa</u>.)

#2 – Pay your full fee (if possible), or at least a \$200 deposit (if possible). Three payment options:

- Use the PayPal link at <u>www.cci-usa.org/cciusa</u> OR
- Via credit or debit card request an invoice when you fill out the registration form OR
- Send a check or money order, made out to CCI-USA, to Paula Lindsay, 17 Knollwood Dr., Vernon, CT 06066

Registering online helps us out, but if you prefer a paper copy to fill out, please contact Lauralee Green at <u>AskLauralee@gmail.com</u> or 480-905-8433 (call or text).

Any fees paid are refundable for any reason through April 19, 2024. All balances are due in full by April 19, 2024.

FINANCIAL ASSISTANCE is available. If you need a bursary, indicate this on your registration form. For fullest consideration, register as soon as possible. As soon as your request is received you will be contacted by Susan Mandaville, the CCI-USA Bursar. Bursary request must be submitted no later than March 1, 2024.

ADDITIONAL CONTRIBUTIONS to help cover operating and bursary expenses are tax deductible and greatly appreciated.

COVID PROTOCOLS: We will be following the CDC protocols on isolation, quarantine, and testing. Plus we'll be asking everyone to Covid test negative the morning of attending the workshop, and if you are feeling ill to stay home and attend later on, after you're feeling better. If you have any questions about these protocols, please contact Addi Bass at <u>alizerin@gmail.com</u> or 860-617-4968 (call or text).

IMPORTANT NOTES:

- Recreational use of alcohol or other drugs is not permitted during the workshop, including during free time. Smoking is restricted to a designated outdoor space.
- Camp Hazen's dietary staff will provide choices for vegans, vegetarians and omnivores at every meal. They will also offer dairy-free and gluten-free options as needed (although they are not certified as a gluten-free kitchen). If you are allergic or sensitive to a particular food, there will usually be options to avoid it. However, participants with very specific dietary needs may not be able to be accommodated. A refrigerator and microwave will be available for participants' use, but other cooking equipment will not be available. If you have questions about your dietary needs, please contact Addi Bass at <u>alizerin@gmail.com</u> or 860-617-4968 (call or text).
- We can provide travel assistance from nearby airports (Bradley in Hartford/Springfield is closest) and train/bus stations (e.g., Hartford, Springfield, and New Haven). There are bus/train options from Boston, Newark, and New York. Typically, we can also help with short overnight stays before and after the workshop.
- If you have been trained in a co-counseling modality other than CCI, and wish to register as a workshop participant, please contact Kathryn Bass (<u>kataroobass@gmail.com</u>) or Shayla Malek (<u>sessionworks@gmail.com</u>) as soon as possible (and no later than **April 1st**) to discuss your background.

IMPORTANT DATES:

Today or as soon as possible - the best day to register!

March 1 – online submission or postmark deadline for registrations that include a *request for bursary* grant

March 1 - online submission or postmark deadline for the \$35 early bird discount

April 19 – deadline for cancellation with full refund of any fees paid

April 19 – full payment from all participants due

Due to the venue contract, refunds requested after April 19 may not be possible, and will only be considered for unforeseen medical or emergency situations.

QUESTIONS?

About **registering**, please contact: Lauralee Green <u>AskLauralee@gmail.com</u> 480-905-8433 (call or text)

About **housing and transportation**, please contact: Lanette Errante <u>earthwanderer2@live.com</u>